

## August 9<sup>th</sup> Sunday Rune and Card Reading



In celebration of the A-Z of Emotional Health online store opening this August, I have been drawn to use some of the stunning Crystals that will be available in the store.

In the BIG AUGUST SUMMER DRAW, as well as the usual monthly FREE Private Reading and a First Edition Pack of The Art of Manifestation Oracle Cards I will also be drawing names from our Youtube Subscriber email list and giving away various Crystals as well. If you are not yet on the Subscriber List you can join it here. <https://bit.ly/3eVBv1E>

You only have to join once to be in every monthly draw.

So in this weeks readings I have connected in with:

### Reading no. 1 – **Rose Quartz.**

Rose Quartz is a stone of universal love. It is said to restore trust and to bring about peace and harmony, healing relationship wounds not only between ourselves and others but also in our relationship with ourselves. In terms of the law of attraction it is THE Crystal to attract Love and partnership!

Its highest vibration of love is said to encourage unconditional love in all forms, its energy purifying and opening the heart Chakra, promoting love, self-love, friendship, deep inner healing and feelings of peace.

I personally find it to be a calming and reassuring influence, bringing comfort in times of grief. It is also said to dispel negativity and protect against any form of environmental pollution, replacing it with loving vibrations.

### Reading no. 2 – **Citrine.**

Citrine is known as THE stone of Abundance! Carrying this Crystal is said to keep energy channels open for receiving wealth and abundance in all areas of our lives.

Personally I find that its dynamic and yet gentle energy seems to keep me on an even keel when moving into new ventures or at times when I need to persevere and keep my mind focused on my intentions.

This stunning little crystal point is said to cleanse any inner negative attitudes and beliefs that may be holding us back from manifesting our desires.

### Reading no. 3 – **Amethyst.**

Amethyst is known as one of the 'Master' Crystals. A crystal of great power and energy, it is said that Amethyst will connect you to Spirit and the Divine.

Heightening our intuition and our psychic abilities I find the power of this extraordinary crystal immediately disperses any stress, sadness and grief that I might be feeling, bringing me a profound sense of deep connection and belonging.

For me this is a Crystal that enables me to hold faith and keep trust even through times of challenge and adversity.