

November 22nd Sunday Rune and Card Reading



Reading no 1 - Lepidolite.

Lepidolite is known as a stone of transition and is said to enable the gentle release of old patterns of thinking and behaviour that no longer serve us. As such it is a powerful aid to the healing of addictions.

Associated with the realigning of the throat, heart and third eye chakras creating a flow of energy to the crown chakra it is also known to aid clear thinking and clear communication. Strengthening the immune system, it is also said to be a great healer of anxiety and depression through the release of tension and stress particularly during times of uncertainty.

Reading no 2 – Turquoise Howlite.

Howlite is said to reduce anxiety and to bring the wearer or carrier profound emotional calm.

Known as an ‘attunement’ stone it is said to connect us to higher levels of consciousness. I have known it to be used with people who are struggling to slow down negative or repetitive thinking patterns that are inhibiting sleep and peace of mind, blocking clear decision making and focus.

Reading no 3 - Red Jasper.

The energy of Red Jasper is a both stimulating and yet protective at the same time. For me the qualities of this stone align beautifully with the energy of a Full Moon in Taurus. A Full Moon will always highlight those areas of our lives that require our attention whilst the energetic of a Taurus Full Moon will illuminate the steps needed to ensure steady, consistent and grounded progress.

Red Jasper is said to bring problems to light whilst simultaneously showing us the pathway to a resolution.