

Sunday Rune and Card Readings – 29th March 2020

Healing Qualities of the Crystals and Herbs

Rose Quarts

Rose Quartz is a stone of universal love. Said to restore trust and harmony in relationships, encouraging unconditional love, its energy purifies and opens the heart promoting love, self-love, friendship, deep inner healing and feelings of peace. It is calming and reassuring, bringing comfort in times of grief. It is also said to dispel negativity and protect against any form of environmental pollution, replacing it with loving vibrations.

Clear Quarts

Quartz crystals are known as "master healer" crystals. Stimulating the immune system and bringing the body into balance, they are said to draw off negative energy of all kinds, neutralising, balancing and revitalising the physical, mental, emotional and spiritual planes. Enhancing our psychic abilities, Clear Quartz is said to harmonise all our chakras and amplify energy and thought.

Fushite

Fuchsite is known as the stone of health, or the Healer's Stone. A stone of renewal and regeneration, its properties are said to bring resilience during and after periods of emotional tension and trauma and to increase physical durability.

Osha

Osha Root is used as a talisman for its protective power. When offered as a gift it is said to heal broken situations and heal ills. Its healing properties are said to aid the lungs and the stomach, releasing toxins.