

October 4th Sunday Rune and Card Reading



Reading no. 1 – **Rainbow Fluorite.**

Fluorite comes in many colours and is known as a great emotional stabilizer. It puts the breaks on when our mid races and we feel ourselves spiralling into emotional overload. Bringing our chakras into alignment in a very particular way it is said to allow us to see our situation through a different lens, as such it is a major helper if we suffer from habitual thinking patterns that cloud our judgement and block us from approaching our situation in a grounded and realistic manner.

Rainbow fluorite is said to be particularly helpful in work settings where we feel easily overloaded. Simply holding this crystal for a short while will bring clarity and calm releasing any emotional toxicity that may cloud our judgement.

Reading no. 2 – **Tiger Eye.**

Tiger Eye is a stone of protection. It is said to bring luck to the wearer and creates a mental clarity that helps us to resolve any problems, particularly when our vision is shrouded in fog.

F.O.G – Fear, Obligation or Guilt!

It enhances strong willpower it is known to bring increased motivation and assist in overcoming any form of procrastination.

I find this powerful stone brings me courage and an inner strength that helps me to remain focused and steady with a clear mind. It is well worth carrying if you are going to enter conversations that require a strength of conviction.

I find it a wonderful energy to draw on when I am needing to find solutions to a particular problem. When I sit with my Tiger Eye Angel at my side during a meditation it seems to create a pathway for the answers to arrive.

Reading no. 3 – **Calcite Aqua**

Divine Guidance!

Opening our crown chakra and third eye Aqua Calcite is said to open pathways of communication with our Spirit Guides. This is an extraordinary crystal to sit with in meditation, particularly around the full and new Moons when we open ourselves to divine guidance, seeking support from a higher consciousness and universal law.

Freeing us from the limitations of inappropriate beliefs and attitudes, it is said to enhance and amplify the energy of any other crystals and is frequently used for healing in all areas of mind body and Soul.