

19th April Sunday Rune and Card Reading

This week I was called to use the Healing Energy of three different Crystal Hearts.

Reading no. 1 - Cats Eye Quarts Heart

This powerful little heart radiates green healing energy and is associated with the heart, love and receiving. Known as a strength giving stone it is said to bring happiness, serenity and renewed optimism, increasing confidence and enhancing our capacity for creativity.

It is said to buffer us from negativity and to protect from evil spirits, keeping our will strong and resolute at times of testing. In relationships it is said to guard from infidelity and strengthen family bonds.

When I carry this little stone, I find myself viewing every situation through the eyes of kindness and compassion.

Reading no. 2 – Agate Heart

Said to improve concentration, perception and mental sharpness the powerfully transformative energy of Agate eliminates and transforms negativity, energizing a sense of safety and security through the holding of firm boundaries.

Personally, I find it has a calming effect which simultaneously seems to fuel an inner strength. If I find myself in a situation where I need to retain and preserve my energy whilst holding firm and keeping a clear head this little gem is a real treasure.

Reading no. 3 – Tigers Eye Heart

Tiger eye is a stone of protection. It is a warrior stone that is said to bring luck to the wearer, bringing clear, sharp thinking, helping us to see through any FOG (Fear/Obligation/Guilt) that may be surrounding our situation.

I find it a wonderful energy to draw on when I am needing to find solutions to a particular problem. Sitting with this little heart during a meditation seems to create a pathway for the answers to arrive.