

## 5<sup>th</sup> July Sunday Rune and Card Reading



Today's reading coincides with the Full Moon Eclipse in Capricorn, indeed I am up early here in the UK and the Moon has just past her fullest point!

And so it seems fitting to align our Readings today with phases of the Moon. The Information below has been taken from The Art of Manifestation Astro-Moon Diary. Links to the Diary are listed after the information for the Readings.

### Reading no. 1 – **Solar Eclipse.**

A solar eclipse is when the moon sits in between the sun and the earth, with the moon covering the sun. This will always occur at a new moon. The energy associated with this time is the same as a new moon, but intensified, like a new moon on steroids!

This is the perfect time to get still and to meditate into a space of personal dreamtime and allow your ideas to flow.

The energy of the solar eclipse can bring an extraordinary surge of creative possibilities, although these may not always arrive in the shape or form that we expect. If you are already involved in setting intentions, but then find that something happens to suddenly create a shift in your direction, trust that this unexpected change is important to your personal growth and evolution, and connected to the calling of your soul.

In matters of manifestation, the universe will always have the upper hand and tends to bring us what we need... although not always what we want!

When we can allow ourselves to trust that even in moments of upheaval and disruption we are being gifted with an opportunity, we open ourselves to receive the fullest potential and the greatest learning to be found in every situation.

### Reading no. 2 – **Lunar Eclipse.**

A lunar eclipse is when the earth sits between the moon and the sun, and this will always occur at a full moon. Full moons are associated with heightened emotions and during a lunar eclipse, emotions can run high, like a full moon on steroids!

If we think of the moon as our Feminine Guardian who circles our planet, gathering the energy of the sun and redistributing it to the earth in various measures, at the time of a Lunar Eclipse, the energy of the moon is like a fully charged battery, highly charged and ready to ignite change.

In the full illumination of the moon at her most powerful, all is revealed. Anything and everything that is running smoothly and working in service of a balanced and authentic life will be apparent to us, confirming that we are walking the right path. Likewise, anything and everything that is not working for us or no longer serves us, both internally and externally, will also be brought into the light, calling to be addressed, changed, and if necessary released.

As long as something remains hidden or unconscious, we are helpless to address the issue and to take actions of resolution, however, when we identify a problem, the very fact that we can see the issue clearly

creates an opportunity to seek solutions and find ways forward. On our personal journey of manifestation, the energy of a lunar eclipse increases our connections with any emotional residue from the past that may be clinging and coloring our perspectives inappropriately, creating an amazing opportunity for cleansing and release, clearing the way for resolution and healing. This is a powerful time to embrace forgiveness, of both ourselves and others.

Lunar eclipses are often associated with external changes that are a mirror or a reflection of our internal growth and learning. Whatever is taking place around you, if something in your life appears to be needing to change or to leave, let go gracefully and know that it is timely to the evolution of your soul.

If you are naturally a highly empathic person and particularly sensitive to the feelings of others, at the time of a lunar eclipse you may find yourself highly absorbent to the emotional states of the people around you. Be sure to cleanse and do a daily release ceremony to let go of anything that doesn't belong to you before meditating into your own space of illumination.

### Reading no. 3 – **Void of Course Moon**

As the moon travels around the earth, it appears to us as if she passes through each of the 12 signs of the zodiac. Sometimes she will move directly from one sign to another, but at other times there is a space in between. This can last just a few minutes, or sometimes several hours. When the moon is 'void of course', it means that she is transitioning through this space, in between two different signs.

As she travels through each sign of the Zodiac the powerful magnetism of her energy is channeled through the energetic resonance or personality of that sign. However, when she is void of course, there is a kind of energetic pause where her energy is no longer guided and therefore manifesting through the influence of a particular sign.

I have noticed that this space of 'in betweenness' affects people in very different and uniquely individual ways, depending on how they are feeling and what is taking place in the immediacy of their lives at any given time.

For some, this pause in the incoming energy of our beloved moon, brings opportunity to be still and to release any goal driven targets, creating a natural channel for insights and illuminations to flow through. However, for others, particularly during periods of extreme change and transition, the void of course moon can feel quite emotionally intense.

At some point in our lives, we will all experience challenging situations and circumstances, this is simply a part of our human journey. Indeed it is often through periods of adversity that we find our greatest learning. But this doesn't mean it's easy! At times of difficulty during our lives, we will inevitably experience some pretty intense emotions and when the moon is void of course it can seem as though emotions are flooding in with no channel to direct or contain them.

In my experience it can pay dividends to notice how the void moon affects us and therefore to anticipate ahead of time how best to use this time. When life is running smoothly, we can actively anticipate using this time for periods of meditation, creating space and availability to receive insights and illumination. However, if life is not running smoothly, we can also actively anticipate using this time appropriately and we can become more consciously attentive in managing our diaries.

There will always be times when the incoming energy will support us in taking action and moving forwards, as well as times when it is more appropriate to hold back, to rest and to pause. Our awareness of the influences and impact of the incoming energy of the moon and other planetary influences and the way that these affect us in a personal way enables us to become conscious in our decision-making and is therefore a valuable skill in the art of manifestation.

The ART OF MANIFESTATION ASTRO-MOON DIARY 2020

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