

## August 23<sup>rd</sup> Sunday Rune and Card Reading



In celebration of the A-Z of Emotional Health online store opening this month, each week during August, I have been drawn to use some of the stunning Crystals that will be available in the store.

In the BIG AUGUST SUMMER DRAW, as well as the usual monthly FREE Private Reading and a First Edition Pack of The Art of Manifestation Oracle Cards I will also be drawing names from our Youtube Subscriber email list and giving away various Crystals as well. If you are not yet on the Subscriber List you can join it here. <https://bit.ly/3eVBv1E>

You only have to join once to be in every monthly draw.

### Reading no. 1 – **Orange Calcite.**

Known as the 'Enhancement Stone', Orange Calcite, like other calcites is said to have powerful healing attributes. Associated with the energy of the Sun and the element of Fire, this stunning crystal is said to realign us with renewed vitality, energizing our primary life force.

In my own experience, I can recommend that if you are struggling to feel the confidence to step into your fullest potential or need some assistance to remove inner blocks to discovering and fulfilling your life's purpose then this stunning crystal brings just the energy needed to support you in this process.

### Reading no. 2 - **Amazonite.**

For me, Amazonite feels akin to the Tarot Card of Justice. It has a sense of gravity about it, calling us to stand in truth and walk a pathway of justice, equality and fairness. And yet despite its powerful presence it radiates calm, coupled with an inner peace and an inner sense of deep wellbeing. As such it is an essential crystal in the tool kit of the Spiritual Warrior.

It is said that the energy of Amazonite enables us to stand back and view our situation from all angles. Associated with the Heart Chakra it is said to enhance our ability to manifest universal love.

In healing it is said to soothe trauma and to release toxins associated with our emotions and the nervous system.

### Reading no. 3 – **Raw Carnelian.**

Carnelian has to be one of my most favourite Raw Crystals! For me, it is one of those Crystals that does exactly what it says on the tin!

The energy of Carnelian is said to restore vitality and bring motivation. Stimulating creativity, it promotes positive life choices.

A powerful crystal of vibrant energy, it is said to bring courage and create a mindset that motivates for success.

If you need durability to see you through to the finish line, or you are someone who struggles with a debilitating inner critic that inhibits your perseverance then this dynamic crystal could become a great friend and ally to you.