

October 11th Sunday Rune and Card Reading



White Quartz Talisman Angel.

White Quartz is said to purify, cleanse and repel negativity.

In my personal experience, White Quartz is without doubt the greatest repellent of any form of negative energy. It is as though negativity literally bounces off it. When I am working with people who are ultra sensitive either to the energy of their environment but also to the energy and emotional states of other people around them I will suggest that they carry White Quartz.

For me its energy aligns beautifully with the Sweet Grass which in turn attracts positivity creating a bubble of vibrant energy. Carrying these two with me I find it virtually impossible not to smile!

Reading no. 1 – Tiger Eye.

Tiger Eye is a stone of protection. It is said to bring luck to the wearer and creates a mental clarity that helps us to resolve any problems, particularly when our vision is shrouded in fog.

F.O.G – Fear, Obligation or Guilt!

It enhances strong willpower it is known to bring increased motivation and assist in overcoming any form of procrastination.

I find this powerful stone brings me courage and an inner strength that helps me to remain focused and steady with a clear mind. It is well worth carrying if you are going to enter conversations that require a strength of conviction.

I find it a wonderful energy to draw on when I am needing to find solutions to a particular problem. When I sit with my Tiger Eye Angel at my side during a meditation it seems to create a pathway for the answers to arrive.

Reading no. 2 – Green Aventurine.

Sometimes known as the stone of good luck, Green Aventurine literally radiates warmth and comfort. Whenever I use this beautiful stone I feel as though a rich warm blanket is placed around my shoulders and if I am doing a reading it is as if I am sitting in a bubble of healing and tranquillity. Hardly surprising that it is also known to aid our connection with the divine, bringing clarity and vision.

It is said to remove energy blocks and is particularly beneficial for the healing of any emotional issues as well as our physical organs. It is also said to help draw in New Love in later life.

Reading no.3 – Cherry Quartz Angel.

Cherry quartz is said to increase our overall energy and bring a shift in our fortune, releasing us from any form of stagnant or stuck situation, enabling us to move forwards and to better any situation.

For me, this little cherry quartz angel radiates energy. It feels buoyant, positive and overflowing with optimism. I have always felt that its energy seems to align perfectly with 'Ehwaz' the Rune of Movement which implies the bettering of any situation and of circumstances moving forwards and gathering momentum.