

September 6th Sunday Rune and Card Reading



In the first of our September Sunday Readings I was drawn to the energy of these beautiful little Crystal Heart Pendants.

Reading no. 1 – **Rose Quartz Heart Pendant.**

Rose Quartz is a stone of universal love. It is said to restore trust and to bring about peace and harmony, healing relationship wounds not only between ourselves and others but also in our relationship with ourselves. In terms of the law of attraction it is THE Crystal to attract Love and partnership!

Its highest vibration of love is said to encourage unconditional love in all forms, its energy purifying and opening the heart Chakra, promoting love, self-love, friendship, deep inner healing and feelings of peace.

I personally wear this little heart pendant to keep my energy and manifestations in alignment with the highest vibration of Love!

Reading no. 2 – **Clear Quartz Heart Pendant.**

Quartz crystals are known as "master healer" crystals.

Stimulating the immune system and bringing the body into balance, they are said to draw off negative energy of all kinds, neutralising, balancing and revitalising the physical, mental, emotional and spiritual planes.

When I have been working at cutting chords and liberating myself from any past circumstances, situations or limiting perspectives that are holding me back I will always turn to this Crystal above all others.

Enhancing our psychic abilities, Clear Quartz is said to harmonise all our chakras and amplify energy and thought.

I find that wearing this heart pendant supports me in maintaining my resolve and tunes me in to a source of divine guidance.

Reading no. 3 – **Obsidian Heart Pendant.**

Black Obsidian is a Warrior Stone said to bring protection on all levels. For me, I have always experienced this powerful stone as a force to reckon with, supporting me when I have needed to stand my ground and keep my thoughts words and actions in alignment with my core inner values.

Obsidian is also known as a mirror of the soul and is used for shamanic journeying and will protect us as we journey into the shadows of our unconscious, helping us to see through the dark and to rediscover clarity and the light within the deepening layers of our personal awareness, guiding us to the answers we seek in order to discover new and clear direction.

For myself, if I am wanting to meditate into some form of journeying, seeking answers within, then Obsidian is my companion.